

BOSS MODELS

JOHANNESBURG



NEO LEOKA

Height: 170cm Bust: 85cm Waist: 78cm Hips: 113cm Shoe: 6 UK Hair: Black Eyes: Brown

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GRAZIA HEALTH&BEAUTY

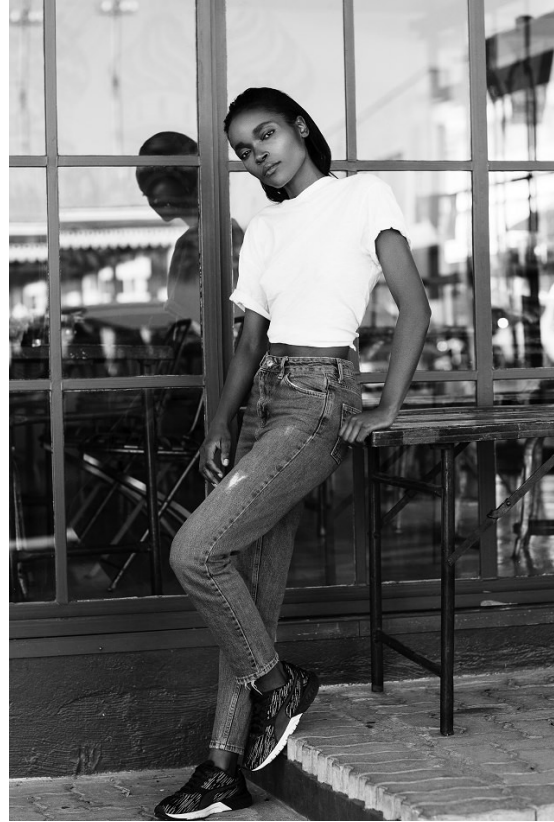


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Beauty

STRIP ME DOWN

Produced by Lauren Nicoll
Photographer: Marijke Willems

The formulations and sophistication of skin-refining products improve each season. Here are some of our favourites, with a sprinkling of colour products to complement your glow

PEELING FACE MASK
Theravine takes its cues from environmental nestles for this superb face mask, the **ULTRAVINE ADVANCE REJUVENATING GOLD COLLAGEN FILM, R277**. It combines plant-sourced collagen, aided by 24ct gold and diamond dust to enhance its moisturising, brightening and protective factors.

A close-up photograph of a woman with her eyes closed, peeling a shimmering gold face mask from her skin. The mask is being lifted from the right side of her face, revealing her skin underneath. The background is a plain, light grey.

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SKIN CARE TIPS
The darker your skin, the more melanin you have. "While this is a natural sun protectant, it doesn't mean you're immune to sunburn," says dermatologist Dr. Rafael Essock. Sun damage can slow down the process of fading hyperpigmentation and dark spots, which is why it's important to wear a broad spectrum sunscreen to protect against UVA and UVB rays (the former causes premature aging, wrinkles and sun spots, and the latter causes sunburn – both types can cause cancer). "Although no sunscreen is waterproof, it is important to choose one that is water resistant," advises Dr. Essock. We love Nivea's Protect... Refresh SPF50, L'Oréal...

THIS PAGE
Hair: R339, Zara, one-piece, R797, BeachCut
OPPOSITE PAGE
Hair: R399, Country Road at Woolworths, sunnies: R2 890, Burberry* at Luxottica, one-piece: R500, Cotton On

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