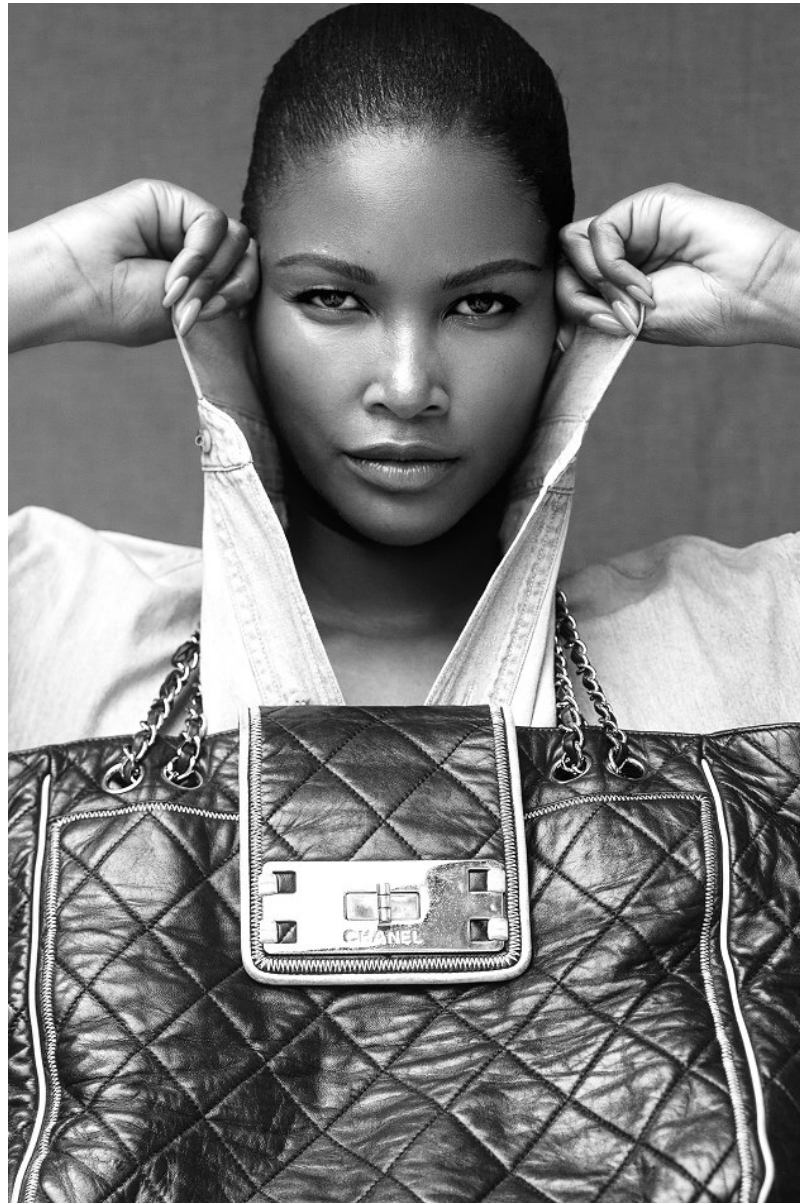


BOSS MODELS

JOHANNESBURG



ROSETTE NCWANA

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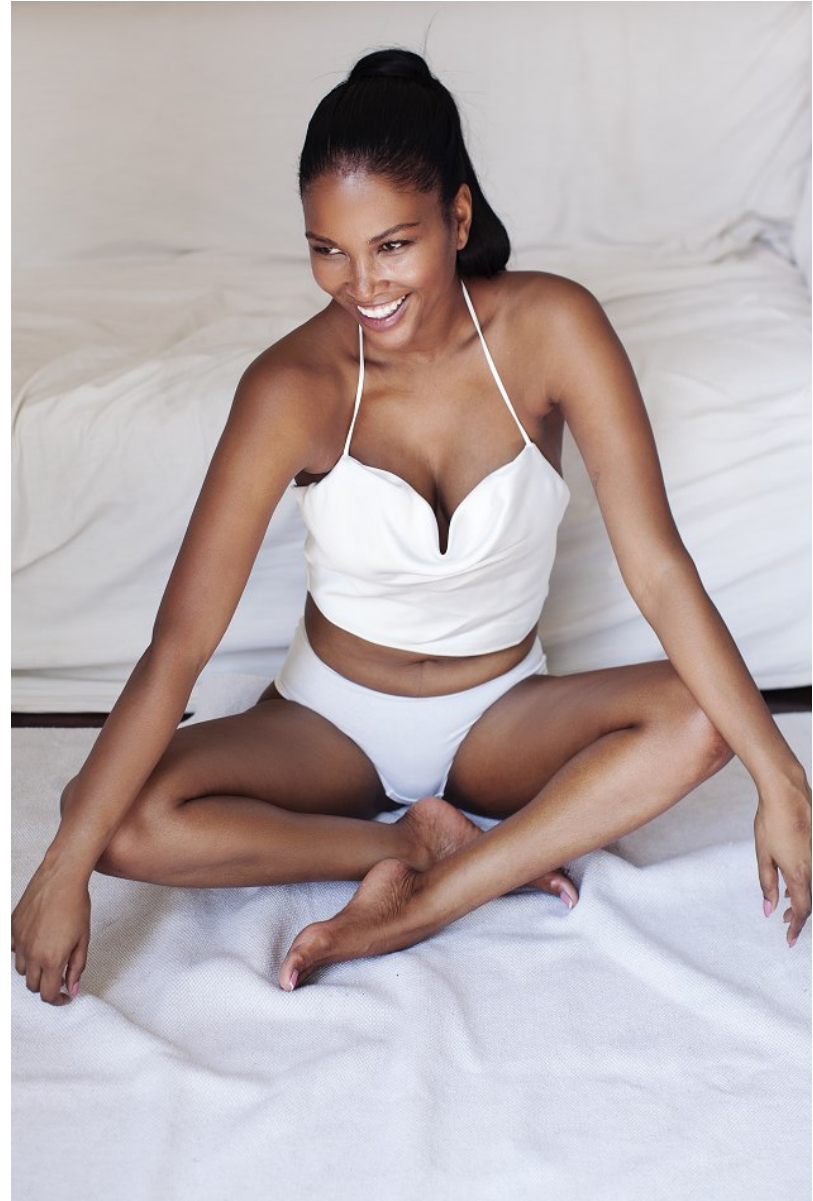


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HOME COMFORTS

Your softest, most roomy long cardigan can double as a robe when you're pottering around the house or relaxing in front of the TV.

Long cardigan (R829) Zara;
nightie (R299) Cotton On;
socks, (R42) Undeez



PULL OFF

A NUMBER OF WOMEN TUG AND PULL AT THEIR SKIN WHEN APPLYING MAKE-UP OR WASHING THEIR FACES. STOP IT – DITCH THIS TERRIBLE SKIN HABIT AS IT CAUSES PREMATURE WRINKLES. AVOID PULLING ON YOUR EYES WHEN APPLYING EYELINER, LIFTING THE AREA ABOVE YOUR BROW BONE TO APPLY MASCARA OR STRETCHING YOUR MOUTH TO APPLY LIPSTICK.

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HYDRATION HIGH

JUST LIKE A FLOWER NEEDS WATER TO FLOURISH, SO TOO DOES YOUR SKIN AND WHAT YOU PUT IN IS WHAT YOU'LL GET OUT. IF YOU LIVE YOUR LIFE GUZZLING FIZZY DRINKS, YOUR SKIN WILL SUFFER. TAKING STEPS TO ACTIVELY AGE BETTER MEANS LOOKING AT WHAT YOU DRINK. UP YOUR WATER INTAKE AND DECREASE THE AMOUNT OF COFFEE AND SUGARY DRINKS. IF YOU BATTLE TO DRINK WATER, MAKE IT MORE PALATABLE BY CUTTING UP A FRUIT OR CUCUMBER TO ADD FLAVOUR.



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Beat the Summer

Being beach-ready is as much about what you wear as what you don't. Consider this your stripped-down guide to summer

BY AZEEZ JACOBS · PHOTOGRAPHER SEAN LAURENZ

01 WAIST DISPOSAL

First some news of universal appeal: you don't need a cover-model body to look good in trunks. "It's nonsense to say a six-pack is a prerequisite to wearing swimshorts," says Adam Brown of swimwear brand Oribeir Brown. "Whether a guy is big or small, tall or short, a well-cut suit will flatter him." The same applies to well-made shorts and the key is in the waistband. A drawstring will suit most, and has some give, while a tailored waistband will fit more precisely and look smarter. "The upshot is that you need to know your exact size - and to always try before you buy."



PLEASANT SUNGLASSES BY 100 | ACCESSORY BY MOUNTAIN | SHIRT T&E | SHIRT P&MOLA ONE | SHIRT BLUE DENIM | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S

PLEASANT SHIRT T&E | P&MOLA ONE | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S

SHIRT W&P C&E W&S | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S | SHIRT W&P C&E W&S

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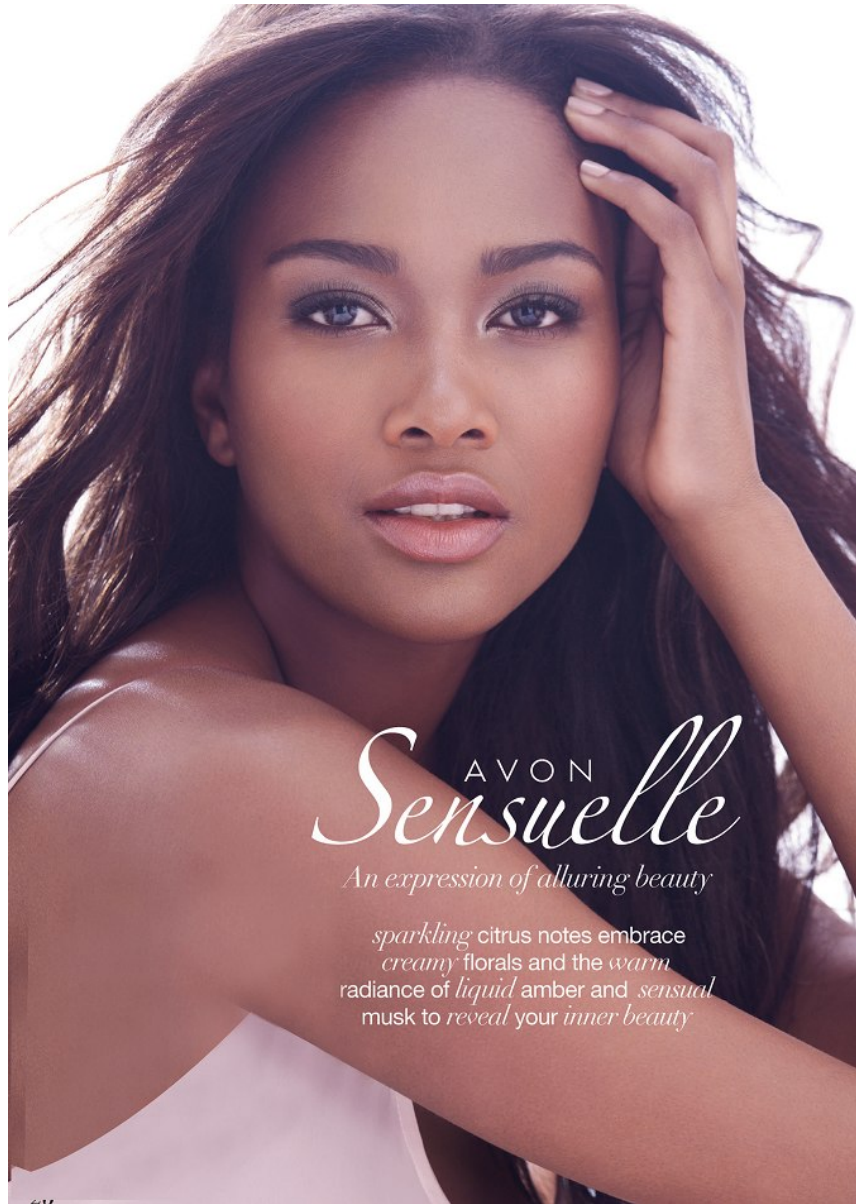


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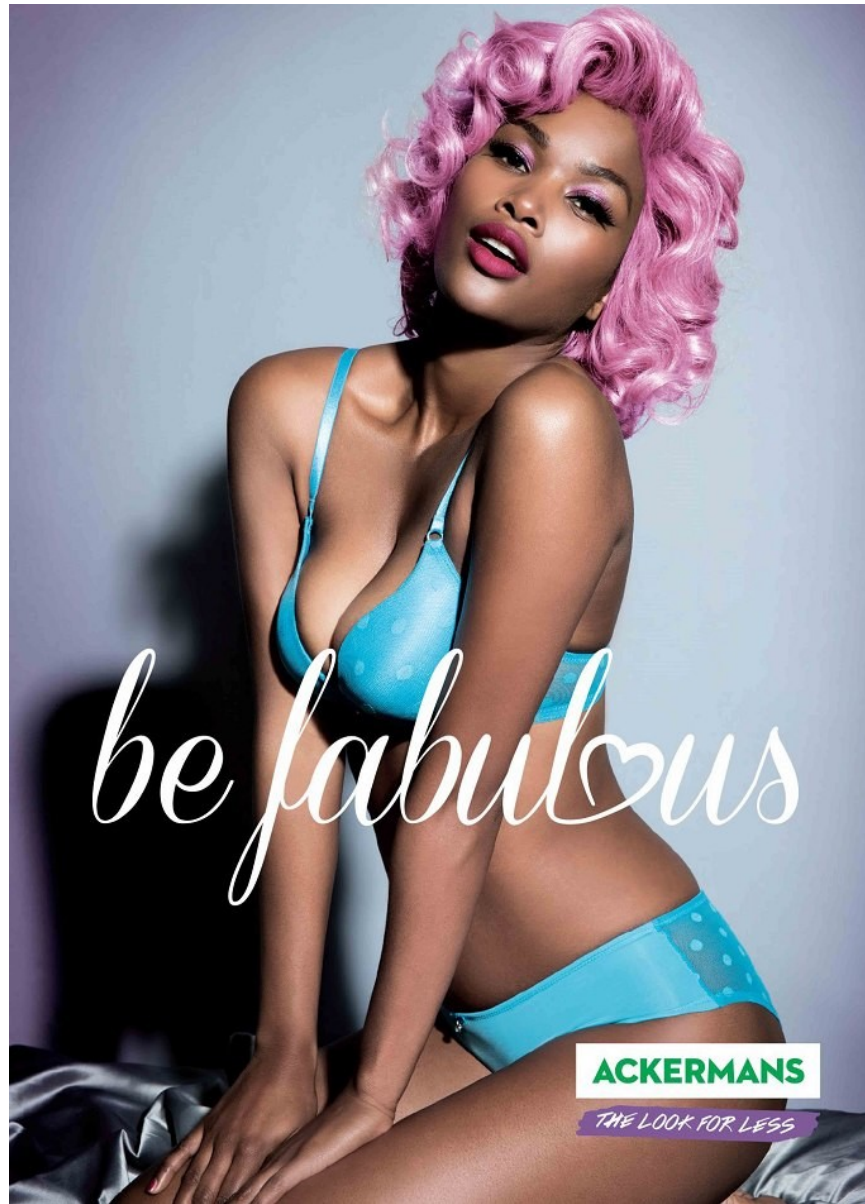


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ROSETTE MOGOMOTSI

PHOTOGRAPHER: JUSTIN POLKEY
HAIR & MAKE-UP: MERLE TITUS & FIONA GENTRY
LOCATION: GAYA ISLAND RESORT, BORNEO

BILLABONG
Bikini by Billabong
Bracelet by Beryl Dingemans
Shoes by Zoom

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